## How to use eConsult

1. Go to the practice website home page –

https://www.banchorygrouppractice.co.uk/ and click on the 'Get Started' button

## e consult

Want advice from yo self-help information an administrative red (such as a sick note of	our doctor, n or have quest or test result	(s)?
GET STARTED		

## This takes you to the screen below.

## Click the appropriate button.



Then..... Press the 'All problems A - Z' button



**2.** You can access pages of advice <u>**OR**</u> If you wish to submit an 'eConsult' to the practice, click on the <u>"Request other advice"</u>

anchory Gro	up Practice		Gramplan Ø
	Find the problem you want to ask about		
	Symptom or condition Can't find your health problem? <u>Request other advice</u>		
	А		
	Abdominal (tummy) pain	>	

Which will result in the form below. 'tick' the privacy notice box Then press the <u>'Next step'</u> button.



**3.** Finally, work through all the screens, adding photographs when prompted, until you get to a *"Thank you. Your request has been securely sent to Banchory Group Practice"* message.